



LET'S  
TALK.

# Healing happens together.

I'd be nothing without my community.  
Without conversations, my friends, the  
ones who let me feel — I'd still be a  
fraction of who I am.

— Lazara (she/her)

Find tips to start the  
conversation at [LetsTalkCO.org](https://LetsTalkCO.org)

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